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Points to Remember No. 19 31.01.25

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DATES

February

Mon 3rd - Fri 7th - Mental Health Week

Fri 14th—Break up for half term

Valentines Kitchen FoWs Event £4 (Book on School Spider)

Mon 24th—INSET Day, School close to pupils

Tue 25th—All pupils return for Spring Term 2

Choir to Young Voices in Manchester

March

Wed 12th—Parents Evening Reception and Y6 & Book Look for ALL

Thu 13th—Parents Evening Reception and Y6 & Book Look for ALL

Thur 20th—Fri 21st—Year 4 to London

April

Tues 1st—Reports for Y1—Y5 sent out

Fri 4th—last day of the Spring Term

Wed 23rd—All back for summer term 1

June

Thu 5th 150th Anniversary Open Day 2pm - 6pm

Residentials

Year 6 to Min-y-Don Monday 7th—Friday 11th July

Illness Reminder

We would like to remind you of our policy regarding sickness and diarrhoea to help keep all children and staff safe and healthy.

According to NHS guidance:

"Children with diarrhoea or vomiting should stay away from school or childcare for at least 48 hours after their symptoms have stopped. This helps to prevent the spread of infections."

If your child has been unwell with sickness or diarrhoea, please ensure they remain at home for a **full 48 hours after their last episode** before returning to school or breakfast club. Thank you for your cooperation in keeping our community healthy.

Staff News

For the past two years, our school Operations Manager, Mrs. Leadley has worked exceptionally well across both Whitley and the Acorns. She has played a key role in implementing new systems to enhance administrative efficiency and introduced numerous procedures that have greatly benefited our school.

What many may not know is that Mrs. Leadley undertakes a long and demanding daily commute, which requires a significant amount of her time. We are pleased that she has now secured a similar role closer to home, allowing for a better work-life balance.

Mrs. Leadley leaves us in a strong position, having ensured that we are well-prepared to continue moving forward. We are incredibly grateful for all that she has done over the past two years and wish her the very best in her new role.

Sports Hall Athletics

As part of our commitment to participating in competitive sports, we took all of Year 5 and 6 to an indoor athletics event at Weaverham High School. We are grateful that our membership in the local Sports Partnership allows us to take part in such events, giving the children the opportunity to experience a high school environment and proudly represent our school.

As ambassadors for our school, we place great importance on them upholding our values and ethos. I was delighted to hear that we came third, but equally thrilled to learn that their behaviour was impeccable.

A huge thank you to everyone who has washed and returned our sports kits. If any kits are still outstanding, please ensure they are returned to school by Tuesday.

Thank you!

See pictures on page 3.



Friends of Whitley School (FoWS)

Lottery

The lottery lets us raise much-needed funds for school to help pay for Mathletics, coaches for trips, furniture etc.

It costs just £8 a month for 2 draws per week. If your number pops up, you win £25. If there was no winner the week before you win. If you would like a number and to help support school,

Please contact Hayley Woodward on 07740043151 or littlhayjay@gmail.com

18/01/2025	46	ROLLOVER	
22/01/2025	43	Sally Janes	£50
25/01/2025	50	Hayley Woodward	£25
29/01/2025	56	Lucy Entwistle	£25

Ask me a question about what I have learnt this week!

Reception

Tell me about the Lunar new year.

Year 1

Tell me about the Christian story of creation.

Year 2

What sources can we use to gain historical knowledge?

Year 3

What sources can we use to gain historical knowledge?

Year 4 (Mrs D)

What sources can we use to gain historical knowledge?

Year 4 (Miss B)

Ask me about the challenges sailors faced during the first part of Shackleton's

Year 5

Ask me about the challenges sailors faced during the first part of Shackleton's

Year 6

Ask me about the challenges sailors faced during the first part of Shackleton's

Cheshire KIDS FUN DUATHLON

SAT 10TH MAY 2025

- RUN, BIKE, RUN FUN EVENT FOR 5-16 YEAR OLDS
- ALL ABILITIES WELCOME, ENTRY FROM £18
- CYCLE & RUN COURSES ALL ON GRASS
- LARGEST KIDS DUATHLON IN THE UK
- FANTASTIC KIDS FINISHERS MEDAL

Alderford KIDS FUN TRIATHLON

SAT 14TH JUNE 2025

- SWIM, BIKE, RUN FUN EVENT FOR 7-16 YEAR OLDS
- ALL ABILITIES WELCOME
- FRESHWATER LAKE SWIM
- ALL WITHIN THE GROUNDS OF ALDERFORD LAKE
- FANTASTIC KIDS FINISHERS MEDAL

BOOK YOUR CHILD'S PLACE TODAY AT
UKTRIATHLON.CO.UK





YEAR 5 AND 6
SPORTS HALL ATHLETICS



TIPS FOR FAMILIES

Next week, we will be hosting a series of engaging activities to promote mental well-being as we take part in National Mental Health Week. This is a wonderful opportunity to raise awareness and support emotional resilience in our community. To further assist you in nurturing your child's mental well-being, we have shared this resource to help build resilience and strengthen this vital aspect of their health.



1 Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)

